



How to Make a Classical Ballerina Bun

- Begin with clean, damp or wet, tangle-free hair. It is wet enough when comb marks stay after combing. Work mousse or hair gel through your hair with a comb and tame any flyaway hair. The crucial part is to comb in from the roots to the ends completely and evenly. Use a generous amount of gel, the objective is to glue bangs and layered hair into place once the gel is dry. Use gel that dries clear and now with white flakes.
- Smooth hair back into a low ponytail (in line with ears), and use a sturdy hair band. A loose band will slip down during movement of the head. Shorter side layers and bangs can be pinned back with bobby pins. See Figure A.
- Brush out ponytail to remove any tangles caused by movement. Get a firm grip around the base of the ponytail and use your other hand to twist the tail into a tight spiral. See Figure B.
- Hold the base of the ponytail with one hand, then lift the tail straight up with the other. Begin to coil it clockwise around the base. When you've made half of a circle, release the hand holding the base and use it to hold the forming bun as you continue to coil the tail of the ponytail. See Figure C. (If hair is too short to complete a bun, secure the hair and place a “fake bun”/hairpiece over hair.)
- Holding the bun in shape, cover the bun with a hair net so that the elastic pulls underneath hair of bun. You may need to enfold hair net around bun 2-3 times. Wrap the extra net around and underneath the outside of the bun and use either a hairpin or bobby pin to hold into place.
- Allow the covered bun to SLIGHTLY relax so that the bun lies against the head. If it looks like a doorknob, it is coiled too tightly.
- Secure the bun using a few “prong-shaped” hairpins. Begin to place hairpins by pushing one pin at a time through at any outside edge, collecting a small amount of the bun as you make the insertion securing all sides.
- Spray finished bun with plenty of hairspray and smooth flyaway hair before the spray has dried or become sticky.

*Please use hair net, bobby pins, and hairpins of same hair color.

Figure A.



Figure B.



Figure C.

